



Digital Awareness & AI Readiness Dashboard 2026

BriggsBrain

Preparing Students for a Safe, Smart, and Responsible Digital Future

2026 EDITION

EDUCATION INTELLIGENCE PLATFORM

Executive Dashboard — Key Indicators

Core metrics tracking student digital behavior, AI adoption, and cyber risk across K–12.

5.2h

Daily Screen Time

Average hours per student per day

74%

AI Usage

Students actively using AI tools

91%

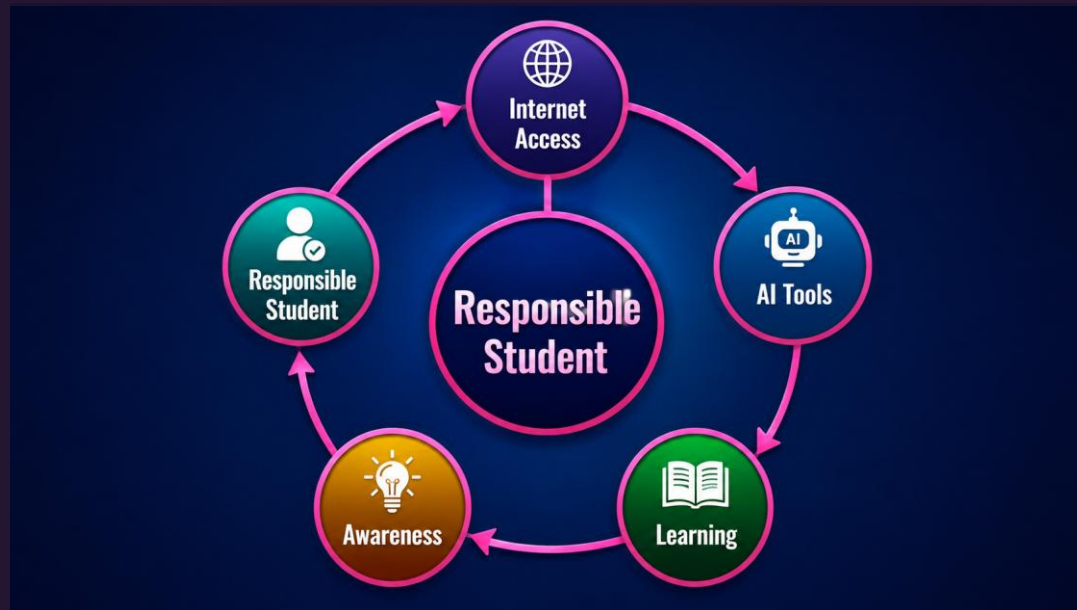
Internet Access

Students with home connectivity

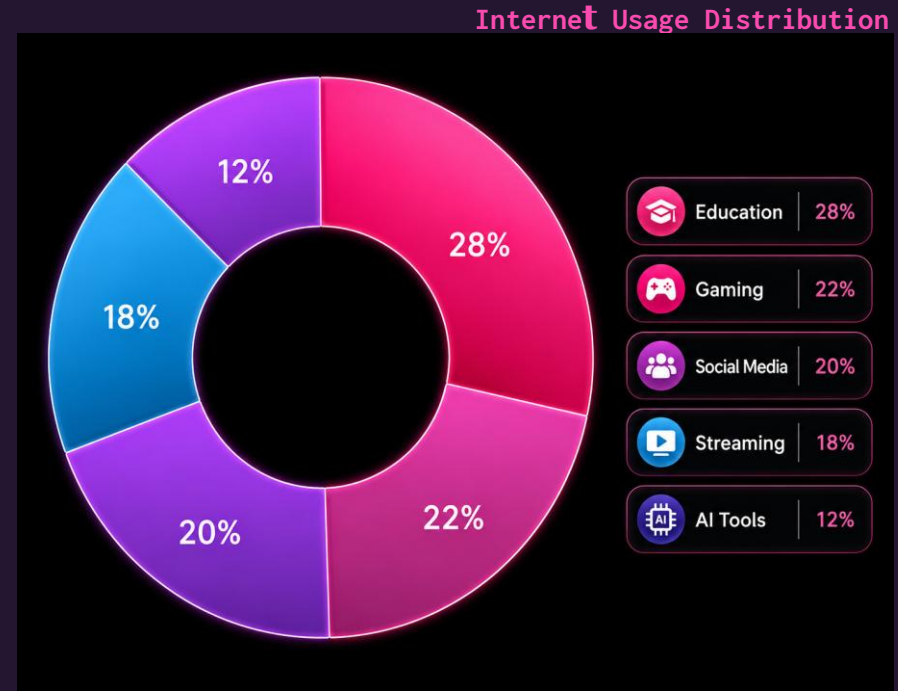
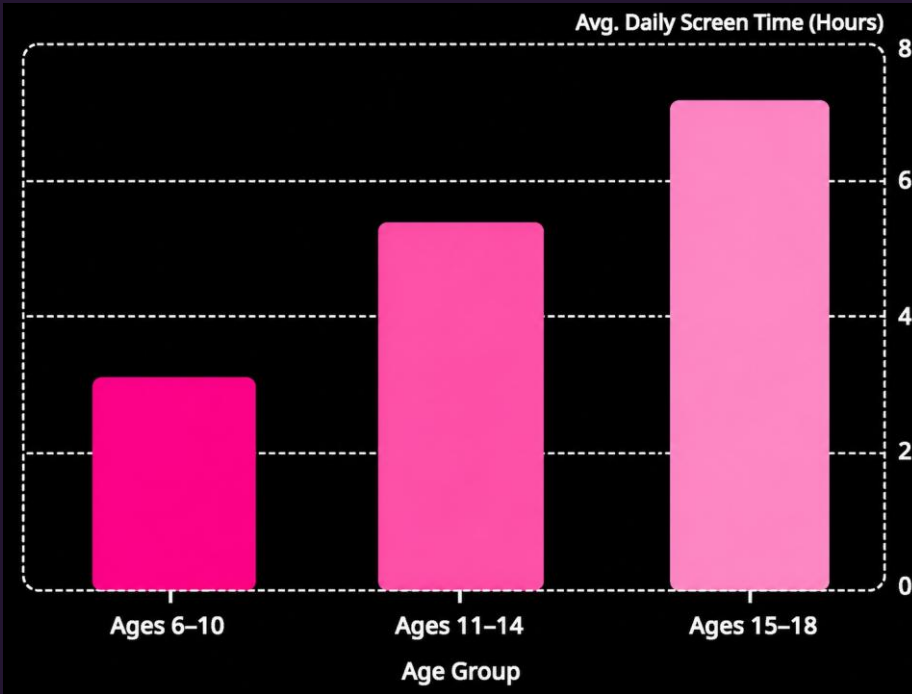
38%

Cyber Risk Exposure

Students encountering online threats



Student Internet Usage by Age Group



Education leads at 28%, but gaming and social media together consume **42%** of student screen time — a critical intervention gap.

Health Impact of Excessive Screen Time

Unmanaged digital exposure creates measurable harm across three critical dimensions of student wellbeing.



Physical Health

- Eye strain & digital fatigue
- Sleep disruption & insomnia
- Neck and back pain
- Sedentary lifestyle & obesity



Mental Health

- Chronic stress & anxiety
- Social withdrawal & depression
- Digital addiction patterns
- Reduced emotional regulation

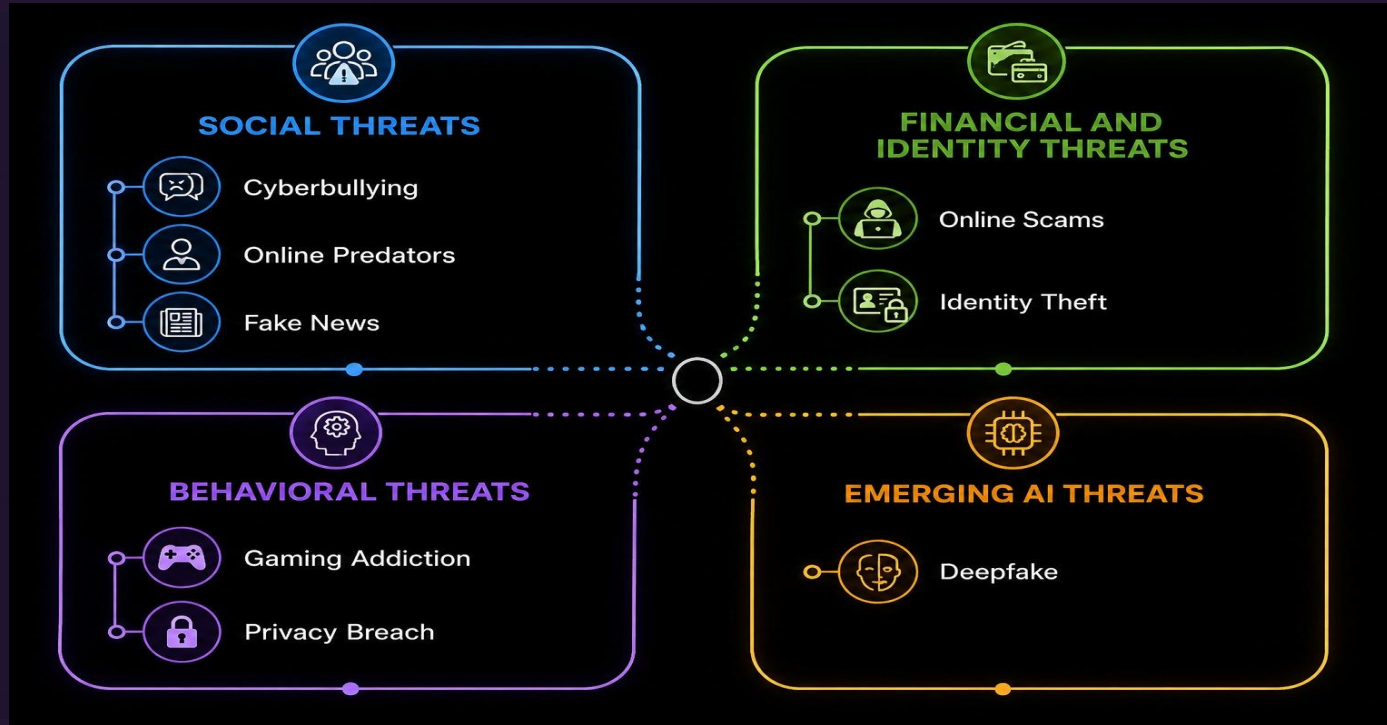


Academic Performance

- Poor concentration & focus
- Weak memory retention
- Homework distraction
- Decline in creative thinking

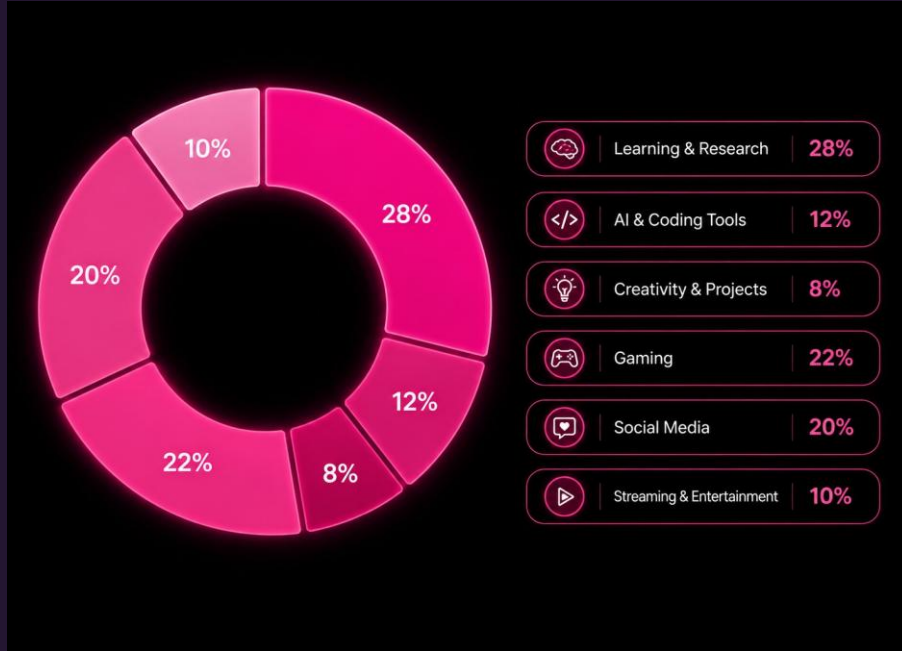
Digital Risk Dashboard

Students face a widening threat landscape online. Early identification and structured awareness programs are essential to reduce exposure and build lasting resilience.

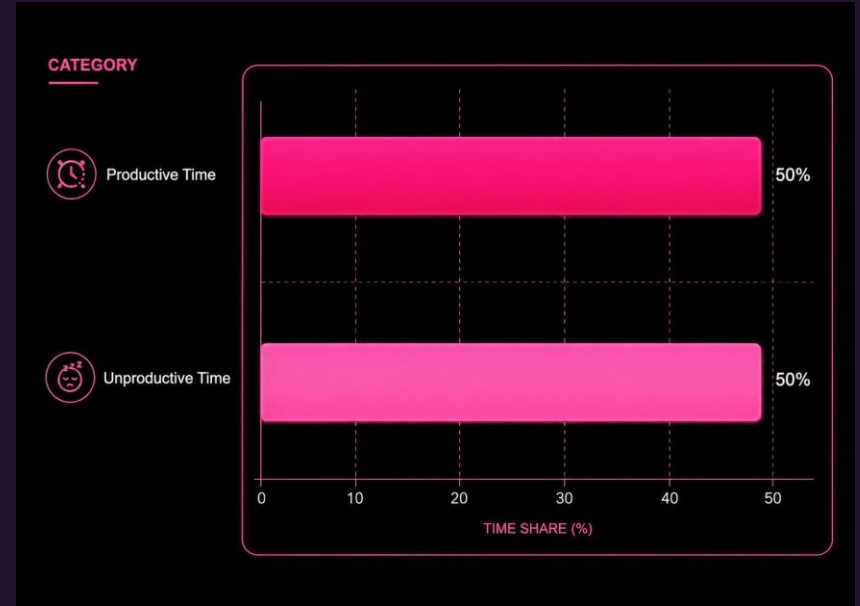


38% of students report at least one serious online risk incident per academic year — most go unreported to parents or educators.

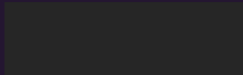
Productive vs. Unproductive Internet Usage



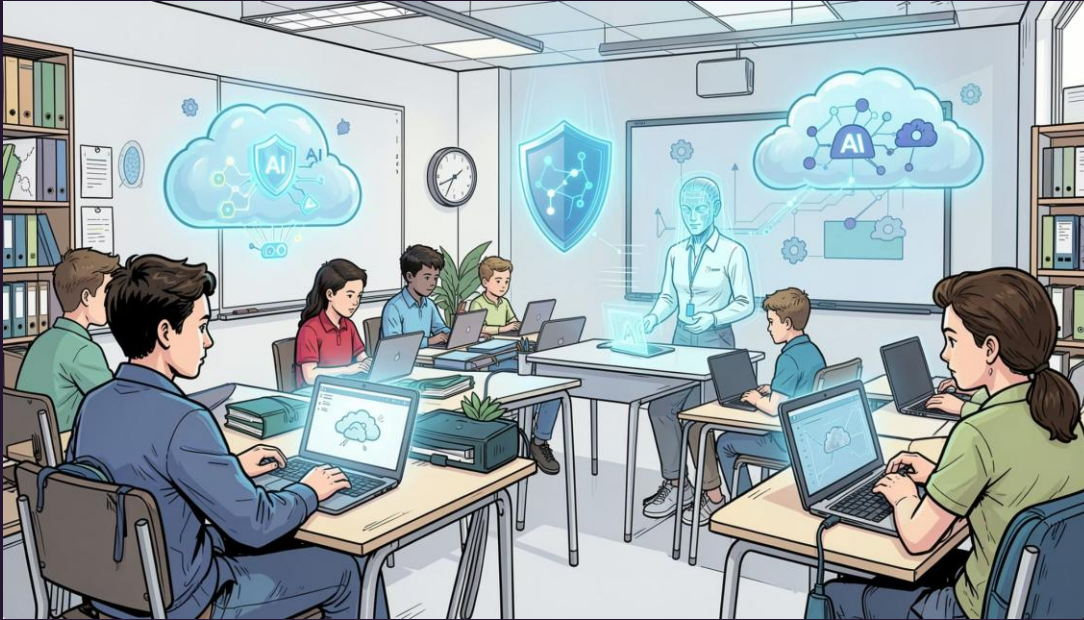
Productive vs. Unproductive Time



Only 48% of student screen time is productive. BriggsBrain helps schools shift this balance through targeted awareness, structured guidance, and parent engagement.



AI Readiness – Benefits, Risks & Responsible Skills



AI Benefits

- Personalized learning pathways
- Homework help & instant feedback
- Coding & language learning
- Creativity tools & career guidance

AI Risks

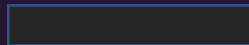
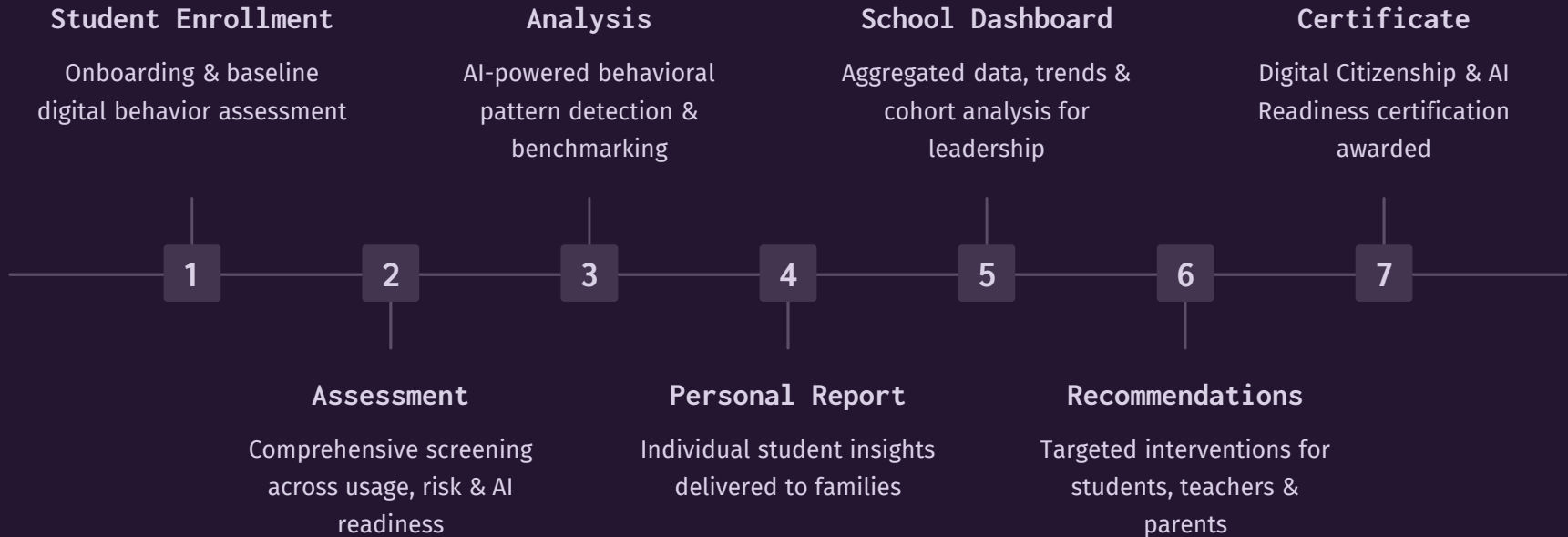
- Plagiarism & over-dependency
- Deepfakes & misinformation
- Privacy breaches & data exposure
- Reduced critical thinking

Responsible AI Skills

- Prompt engineering & fact-checking
- AI ethics & digital responsibility

The BriggsBrain Journey – From Student to Certificate

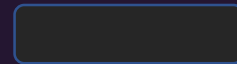
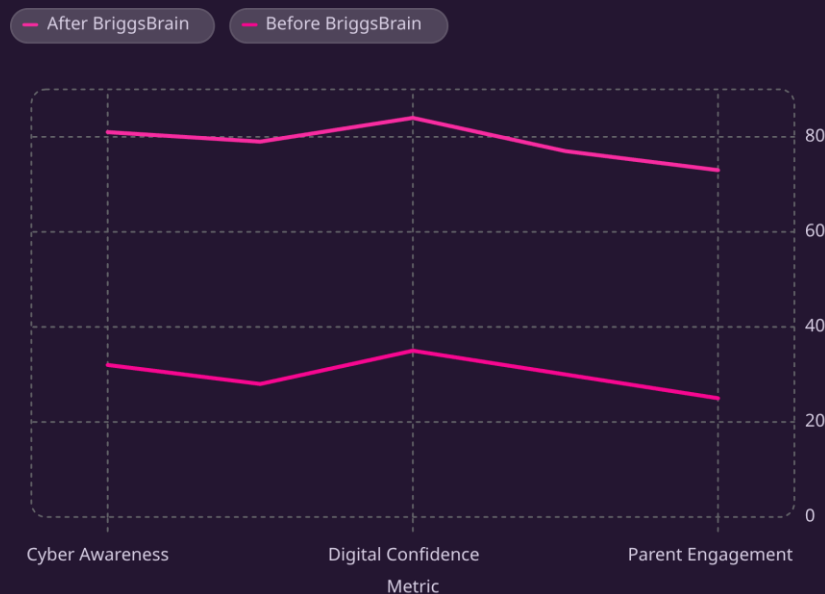
A structured, data-driven pathway that transforms raw digital behavior into actionable intelligence for students, schools, and families.



Benefits for Schools & The Future-Ready Transformation

School Dashboard Capabilities

- **School Report** — Full digital behavior overview
- **Benchmarking** — Compare against national averages
- **Awareness Index** — Track readiness scores over time
- **Student Analysis** — Individual & cohort insights
- **Parent Report** — Shareable family summaries
- **Recommendations** — Actionable next steps per school



Building the Future-Ready Student

BriggsBrain equips students, schools, and families with the awareness, tools, and intelligence to thrive in a digital-first world.

Cyber Safety

Recognize threats, protect identity, browse responsibly

AI Ethics

Use AI with integrity, accountability & purpose

Digital Citizenship

Engage online with empathy, respect & responsibility

Environmental Awareness

Understand digital carbon footprints & sustainable tech use

☐ Ready to transform your school's digital culture? Contact BriggsBrain for a personalized demo and institutional assessment.

